Nevada Area Task Force
Resources to Strengthen Our Meetings with the Use of Spiritual Principles

Addressing Conflict Resolution, Members' Safety
and Strengthening of Spiritual Principles in Meetings

Members May Experience Challenges	Members Need	What Can You Do?
• Dominance	• Safety, Love and Acceptance	• Talk with your sponsor
• Gossip	• Anonymity and Confidentiality	• Request ideas/concerns at a group business meeting
• Discussion of Religion	• Freedom from Judgement	• Reach out to your District Representative or other trusted servants
	• Privacy and Identity	• Contact your Area Assembly for further guidance
	• Practical Growth and Choices	
	• Understanding and Loving Program	

Principles to Uphold

Honesty: Address issues openly	Humility: Use Group Inventories
Acceptance: Create safe spaces (e.g., Thought Force)	Harmony: Avoid excessive rules
Surrender: Address dominance	Unity: Seek solutions together
Faith: Trust the process without enforcement	Autonomy: Respect for group independence
Participation: Encourage involvement (7th Tradition)	Equality & Anonymity: Welcome all, honor principles above personalities
Trust & Open-mindedness: Foster inclusive environments	

Al-Anon Resources / Actions

- CAL (Conference Approved Literature)
- Al-Anon/Alateen Service Manual, page 49–51, 87
- Al-Anon and Alateen Groups at Work (P-24)
- Alateen Safety Guidelines (G-34)
- The Twelve Traditions, with a focus on 1, 2, 4, 5 and 8
- The Three Legacies
- The Three Obstacles to Success (Alcoholism the Family Disease [P-4] and the Service Manual)
- Using Al-Anon Principles to Resolve Conflicts Kit (K-70)
- Taking a Group Inventory (G-8A, G-8B)
- Let's Talk About Safety in Al-Anon Meetings! (al-anon.org)