



# Al-Anon Area October 2020



## **Northern NV AIS**

Wednesday, October 7

6:30 PM – 8:00 PM

Carson City Senior Center

911 Beverly Drive

Carson City, NV 89706

[northernnvais@gmail.com](mailto:northernnvais@gmail.com)

## **District 2 Meeting**

Wednesday, October 14

6:00 PM - 7:30 PM

First Congregational Church

627 Sunnyside Drive

Reno, NV 89503

[nvareadistrictrep2@gmail.com](mailto:nvareadistrictrep2@gmail.com)

## **District 4 Meeting**

Saturday, October 24

10:30 AM – 11:45 AM

Zoom Meeting

(login open at 10:00 AM)

Contact:

[nvareadistrictrep4@gmail.com](mailto:nvareadistrictrep4@gmail.com)

## **Southern NV AIS**

Thursday, October 29

7:00 PM – 8:30 PM

First Christian Church

101 S. Rancho Drive, Room #E

Las Vegas, NV 89106

Barbara M (702) 332-9898

[snvais@gmail.com](mailto:snvais@gmail.com)

Step Ten suggests an honest appraisal of ourselves on a daily basis. This Step reminds us that we are human and are likely to make mistakes. In taking a daily inventory of our behaviors and actions, however, we are able to free ourselves from the unnecessary burden of misplaced guilt and shame.

*Reaching for Personal Freedom (P-92), page 52*



# Zona de Al-Anon Octubre de 2020



## **Northern NV AIS**

**Miércoles 7 de Octubre**

6:30 PM – 8:00 PM

Carson City Senior Center

911 Beverly Drive

Carson City, NV 89706

[northernnvais@gmail.com](mailto:northernnvais@gmail.com)

## **Reunión del Distrito 2**

**Miércoles 14 de Octubre**

6:00 PM - 7:30 PM

First Congregational Church

627 Sunnyside Drive

Reno, NV 89503

[nvareadistrictrep2@gmail.com](mailto:nvareadistrictrep2@gmail.com)

## **Reunión del Distrito 4**

**Sábado 24 de Octubre**

10:30 AM – 11:45 AM

Reunión Zoom

(inicio de sesión abierto  
a las 10:00 AM)

Contacto:

[nvareadistrictrep4@gmail.com](mailto:nvareadistrictrep4@gmail.com)

## **Southern NV AIS**

**Jueves 29 de Octubre**

7:00 PM – 8:30 PM

First Christian Church

101 S. Rancho Drive, Room #E

Las Vegas, NV 89106

Barbara M (702) 332-9898

[snvais@gmail.com](mailto:snvais@gmail.com)

El paso diez sugiere una evaluación honesta de nosotros mismos a diario. Este paso nos recuerda que somos humanos y es probable que cometamos errores. Sin embargo, al hacer un inventario diario de nuestros comportamientos y acciones, somos capaces de liberarnos de la carga innecesaria de la culpa y la vergüenza fuera de lugar.

*Reaching for Personal Freedom (P-92), página 52*