



Al-Anon Area November 2020



District 1 Meeting

Sunday, November 8

1:00 PM

Zoom Link:

[https://us04web.zoom.us/j/9238566045
?pwd=dzJNOTMya3I4VGswRitCbmp5eE
9MUT09](https://us04web.zoom.us/j/9238566045?pwd=dzJNOTMya3I4VGswRitCbmp5eE9MUT09)

Meeting ID: 923 856 6045

Passcode: Dist1AFG

nvareadistrict1@gmail.com

District 5 Meeting

Saturday, November 28

10:15 AM – 11:45 AM

Zoom Meeting ID: 462 154 2351

Passcode: (none)

Contact:

Ira at nvareadistrictrep5@gmail.com

(410) 925-8722

District 3 Meeting

Saturday, November 28

12:30 PM – 2:00 PM

St. Rose Dominican Hospital

McDonald Conference Room

3001 St. Rose Pkwy.

Henderson, NV 89052

Contact: District 3 Rep (702) 327-0344

The Eleventh Step helps us to maintain our spiritual foundation. Regular prayer and meditation helps us keep our hearts open and receptive to a Higher Power's plan. We quiet our minds and keep the focus on ourselves. When we do that, we allow ourselves to change. This opens the door to changes in all of our relationships, including our relationship with the Higher Power of our own understanding.

Discovering Choices (11-30), page 200



Zona de Al-Anon Noviembre de 2020



Reunión del Distrito 1

Domingo, 8 de Noviembre

1:00 PM

Enlace de Zoom:

[https://us04web.zoom.us/j/9238566045
?pwd=dzJNOTMya3I4VGswRitCbmp5eE
9MUT09](https://us04web.zoom.us/j/9238566045?pwd=dzJNOTMya3I4VGswRitCbmp5eE9MUT09)

ID de reunión: 923 856 6045

Contraseña: Dist1AFG

nvareadistrict1@gmail.com

Reunión del Distrito 5

Sábado 28 de Noviembre

10:15 AM – 11:45 AM

ID de reunión: 462 154 2351

Contraseña: (ninguno)

Contacto:

Ira en nvareadistrictrep5@gmail.com

(410) 925-8722

Reunión del Distrito 3

Sábado 28 de Noviembre

12:30 PM – 2:00 PM

St. Rose Dominican Hospital

McDonald Conference Room

3001 St. Rose Pkwy.

Henderson, NV 89052

Contacto:

Distrito 3 Rep (702) 327-0344

The Eleventh Step helps us to maintain our spiritual foundation. Regular prayer and meditation helps us keep our hearts open and receptive to a Higher Power's plan. We quiet our minds and keep the focus on ourselves. When we do that, we allow ourselves to change. This opens the door to changes in all of our relationships, including our relationship with the Higher Power of our own understanding.

Discovering Choices (11-30), page 200